



April 30, 2024

Re: Changes to Empower Healthcare's Outpatient Behavioral Health Limits

Providers,

Empower Healthcare Solutions has updated the annual limits for Outpatient Behavioral Health Services. **These changes will be effective 06/01/2024.**

These updates impact the following services:

- Individual Counseling
- Group Counseling
- Marital/Family Counseling
- Pharmacological Management
- Interpretation of Diagnosis
- Adult Rehabilitative Day Services
- Peer Support
- Adult Life Skills
- Individual and Group Life Skills for Adolescents
- Child and Youth Support Services

Please remember that once these limits have been reached, then an extension of benefits request should be submitted to the Utilization Management Department with the corresponding clinical documentation. The authorization forms and contact information are located at <https://getempowerhealth.com/providers/provider-materials/provider-forms-resources/> for behavioral health providers.

For questions, please contact Empower Provider Relations empowerhealthcaresolutionspr@empowerarkansas.com.

Thank you,

Empower Healthcare Solutions

Outpatient Behavioral Health Limits (January thru December)

| Service Code | Mod 1 | Mod 2 | Mod 3 | Mod 4 | Service Description | Units of Service | Daily Max | EOB Required after Annual Units Exhausted | |
|--------------|-------|-------|-------|-------|---|------------------|-----------|---|----|
| 90791 | U4 | | | | Mental Health Diagnosis | Encounter | 1 | 1 | |
| 90791 | UC | UK | U4 | | Mental Health Diagnosis (Under 4) | Encounter | 1 | | |
| 90791 | U4 | U7 | | | Mental Health Diagnosis (Telemedicine) | Encounter | 1 | | |
| 90792 | U4 | | | | Psychiatric Assessment | Encounter | 1 | 1 | |
| 90792 | U4 | U7 | | | Psychiatric Assessment (Telemedicine) | Encounter | 1 | | |
| 90832 | U4 | | | | Individual Behavioral Health Counseling, 30 minutes | Encounter | 1 | 26 | |
| 90832 | UC | UK | U4 | | Individual Behavioral Health Counseling, 30 minutes (Under 4) | Encounter | 1 | | |
| 90832 | U4 | U7 | | | Individual Behavioral Health Counseling-Telemedicine, 30 minutes | Encounter | 1 | | |
| 90832 | U4 | U5 | | | Individual Behavioral Health Counseling -Substance Abuse, 30 minutes | Encounter | 1 | | |
| 90834 | U4 | | | | Individual Behavioral Health Counseling, 45 min | Encounter | 1 | | |
| 90834 | UC | UK | U4 | | Individual Behavioral Health Counseling, 45 minutes (Under 4) | Encounter | 1 | | |
| 90834 | U4 | U7 | | | Individual Behavioral Health Counseling-Telemedicine, 45 min | Encounter | 1 | | |
| 90834 | U4 | U5 | | | Individual Behavioral Health Counseling -Substance Abuse, 45 min | Encounter | 1 | | |
| 90837 | U4 | | | | Individual Behavioral Health Counseling, 60 min | Encounter | 1 | | |
| 90837 | UC | UK | U4 | | Individual Behavioral Health Counseling, 60 minutes (Under 4) | Encounter | 1 | | |
| 90837 | U4 | U7 | | | Individual Behavioral Health Counseling-Telemedicine, 60 min | Encounter | 1 | | |
| 90837 | U4 | U5 | | | Individual Behavioral Health Counseling -Substance Abuse, 60 min | Encounter | 1 | | |
| 90846 | U4 | U5 | | | Martial/Family Behavioral Health Counseling without Beneficiary Present (Substance Abuse) | Encounter | 1 | | 12 |
| 90846 | U4 | | | | Martial/Family Behavioral Health Counseling without Beneficiary Present | Encounter | 1 | | |
| 90847 | U4 | U5 | | | Martial/Family Behavioral Health Counseling with Beneficiary Present (Substance Abuse) | Encounter | 1 | | |
| 90847 | U4 | | | | Martial/Family Behavioral Health Counseling with Beneficiary Present | Encounter | 1 | | |
| 90849 | U4 | | | | Multi-Family Behavioral Health Counseling | Encounter | 1 | 12 | |
| 90849 | U4 | U5 | | | Multi-Family Behavioral Health Counseling (Substance Abuse) | Encounter | 1 | | |
| 90853 | U4 | | | | Group Behavioral Health Counseling | Encounter | 1 | 52 | |
| 90853 | U4 | U5 | | | Group Behavioral Health Counseling (Substance Abuse) | Encounter | 1 | | |

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|--------------|-------|-------|-------|-------|---|------------------|------------------|--|------------------|
| 90885 | U4 | | | | Treatment Planning (U4 covers psychiatric evaluation of hospital records, other psychiatric reports, psychometric and/or projective tests and other accumulated data for medical diagnostic purposes) | | 2 | 4 | |
| 90887 | U4 | | | | Interpretation of Diagnosis | Encounter | 1 | 1 | |
| 90887 | UC | UK | U4 | | Interpretation of Diagnosis (Under 4) | Encounter | 1 | | |
| 90887 | U4 | U7 | | | Interpretation of Diagnosis (Telemedicine) | Encounter | 1 | | |
| 96130 | U4 | | | | Psychological Evaluation | Unit=60 minutes | 4 | 8 units: 96130 (first hour); 96131 (used for each additional hour) | |
| 96131 | U4 | | | | Psychological Evaluation | | | | |
| 99212 | UB | U4 | Z1 | | Pharmacologic Management-Physician | Encounter | 1 | 12 | |
| 99213 | UB | U4 | Z1 | | Pharmacologic Management-Physician | Encounter | 1 | | |
| 99214 | UB | U4 | Z1 | | Pharmacologic Management-Physician | Encounter | 1 | | |
| 99212 | UB | U4 | U7 | Z1 | Pharmacologic Management-Physician (Telemedicine) | Encounter | 1 | | |
| 99213 | UB | U4 | U7 | Z1 | Pharmacologic Management-Physician (Telemedicine) | Encounter | 1 | | |
| 99214 | UB | U4 | U7 | Z1 | Pharmacologic Management-Physician (Telemedicine) | Encounter | 1 | | |
| 99212 | SA | U4 | Z1 | | Pharmacologic Management-APN | Encounter | 1 | | |
| 99213 | SA | U4 | Z1 | | Pharmacologic Management-APN | Encounter | 1 | | |
| 99214 | SA | U4 | Z1 | | Pharmacologic Management-APN | Encounter | 1 | | |
| 99212 | SA | U4 | U7 | Z1 | Pharmacologic Management-APN (Telemedicine) | Encounter | 1 | | |
| 99213 | SA | U4 | U7 | Z1 | Pharmacologic Management-APN (Telemedicine) | Encounter | 1 | | |
| 99214 | SA | U4 | U7 | Z1 | Pharmacologic Management-APN (Telemedicine) | Encounter | 1 | | |
| H0001 | U4 | | | | Substance Abuse Assessment | Encounter | 1 | | 1 |
| H0014 | U4 | | | | Substance Abuse Detox | Per Diem | 4 days per month | | 24 days per year |
| H0015 | U4 | | | | Intensive Outpatient Substance Abuse Treatment (age 16+) | Per Diem | N/A | | 24 |
| H0018 | U4 | | | | Acute Crisis Unit | Per Diem | 4 days per month | 24 days per year | |
| H0034 | TD | U4 | | | Individual Pharmacologic Counseling - RN | Encounter | N/A | 4 | |

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|--------------|-------|-------|-------|-------|--|-------------------|-------------|---|
| H0038 | UC | U4 | | | Peer Support | Unit=15 Minutes | N/A | 104 |
| H0038 | U4 | | | | Peer Support (Telephonic) | Unit=15 Minutes | | |
| H0045 | U4 | | | | Planned Respite (ages 4-17) | Per Diem | 1 | 8 |
| H2011 | HA | U4 | Z3 | | Crisis Intervention | Unit = 15 Minutes | 12 | 72 |
| H2011 | U4 | U6 | Z2 | | Crisis Stabilization Intervention – MHP | Unit = 15 Minutes | | |
| H2011 | U4 | U5 | Z2 | | Crisis Stabilization Intervention – QBHP | Unit = 15 minutes | | |
| H2014 | UC | U4 | | | Family Support Partners (ages 4-17) | Unit=15 Minutes | N/A | 120 |
| H2014 | U4 | | | | Family Support Partners (Telephonic) (ages 4-17) | Unit=15 Minutes | | |
| H2015 | UC | U4 | | | Child and Youth Support Services QBHP BA or RN (ages 4-17) | Unit=60 Minutes | N/A | 60 |
| H2015 | U1 | U4 | | | Child and Youth Support Services Non-degreed (ages 4-17) | Unit=60 Minutes | | |
| H2017 | UB | U4 | | | Adult Rehabilitative Day Services QBHP BA or RN (age 18+) | Unit=60 Minutes | PA Required | |
| H2017 | UA | U4 | | | Adult Rehabilitative Day Services QBHP Non-degreed (age 18+) | Unit=60 Minutes | | |
| H2017 | U3 | U4 | | | Adult Life Skills Development QBHP BA or RN (age 21+) | Unit=15 Minutes | PA Required | |
| H2017 | U4 | U5 | | | Adult Life Skills Development QBHP Non-degreed (age 21+) | Unit=15 Minutes | | |
| H2017 | UC | U4 | Z4 | | Individual Life Skills Development QBHP BA or RN (ages 16 - 20) | Unit=15 Minutes | PA Required | |
| H2017 | U4 | U6 | Z4 | | Individual Life Skills Development QBHP Non-degreed (ages 16 - 20) | Unit=15 Minutes | | |
| H2017 | HQ | UC | U4 | Z5 | Group Life Skills Development QBHP BA or RN (ages 16 - 20) | Unit=15 Minutes | | |
| H2017 | HQ | U4 | U6 | Z5 | Group Life Skills Development QBHP Non-degreed (ages 16 - 20) | Unit=15 Minutes | | |
| H2019 | U4 | UC | | | Behavioral Assistance – QBHP BA or RN | Unit = 15 minutes | N/A | 292 |
| H2019 | U4 | | | | Behavioral Assistance – QBHP Non-degreed | Unit = 15 minutes | | |
| H2027 | U4 | | | | Psychoeducation | Unit=15 minutes | 4 | 48 |
| H2027 | UK | U4 | | | Psychoeducation (Under 4) | Unit=15 minutes | 4 | |
| H2027 | U4 | U7 | | | Psychoeducation (Telemedicine) | Unit=15 minutes | 4 | |